



# A GROUP FOR ELEMENTARY SCHOOL PARENTS


Begins:

Ends:


Days:

Times:


## BACK TO SCHOOL



Do you need some extra support helping your child get acclimated to school, making friends and starting the year with success? Would you like to discuss communication strategies with your child's teachers and other school staff members that will help promote a teamwork approach to your child's learning?



Join us at Keller Child and Family Therapy for an 8 Week parent group to discuss:

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- \* Strategies for helping your child(ren) adjust to school challenges
  - \* Effective coping techniques to address test anxiety
  - \* Nighttime routines that promote healthy minds and bodies
  - \* The importance of teacher/parent communication & teamwork
  - \* Ways to get involved in your child's school. Dads too!



\$55  
PER SESSION